



Taieshia Tindall, MT- BC

Taieshia Tindall is a passionate Board-Certified Music Therapist who in the past did some community based work through her field but is now currently dedicated to helping individuals with traumatic brain injuries through the therapeutic power of music. With a Bachelor's degree in Music Therapy from Western Michigan University and a minor in Business Management, Taieshia combines her love for music with her entrepreneurial spirit as she works toward building her own private small business.

A firm believer in the transformative power of music, Taieshia has had the privilege of using her talents in a variety of impactful ways. She contributed to a groundbreaking project in partnership with her job and the Carnegie Hall, where she worked with incarcerated women at the county jail in Flint to create lullabies, helping them express emotions and healing through songwriting.

Taieshia's journey has also taken her beyond U.S. borders twice to Africa for mission work, where she not only shared her love for music but was also featured in a music video. Her music transcends borders and allows her to meet people where they are, offering emotional and therapeutic support that brings healing and connection. In addition to her work with people with brain injuries, Taieshia recently released her first single, marking an exciting new chapter in her music career. Whether she's working with clients or creating her own music, Taieshia is driven by a deep belief in the ability of music to heal, connect, and inspire.



John Bolden

John Bolden is an author, speaker, and mental health advocate with an extensive background working with at-risk youth and individuals navigating complex mental health challenges. His professional experience spans residential, school-based, and non-residential programs, where he has served youth in both therapeutic and behavioral settings. John has also worked with adults and adolescents in psychiatric inpatient facilities, as well as with autistic youth in residential care.

Drawing from this wide-ranging, hands-on experience, John brings a compassionate and informed perspective to conversations about mental health, behavioral change, and personal growth. His commitment to restoring dignity in care makes him a powerful voice in both clinical and community spaces, where he continues to advocate for practical, person-centered approaches to healing and transformation.



Shaquona Espinoza

Shaquona is a proud Kalamazoo native with a heart for community and creativity. A graduate of Western Michigan University, she earned her degree in Social Work with a minor in Art, combining her passion for helping others with her love for creative expression.

As a local artist, Shaquona uses her gift to inspire, uplift, and connect with people of all ages. Whether through painting, crafting, or leading art workshops, she finds joy in creating spaces where individuals—especially youth and families can express themselves, build confidence, and discover their own creativity.

Her work reflects a unique blend of artistic talent and a deep understanding of human needs, shaped by her lived experience in addition to her background in social work. Shaquona is dedicated to using art as a tool for healing, empowerment, and positive social change, and she continues to be a vibrant and valued presence in the Kalamazoo community.



Emmett Hall, MS, LLPC, NCC, DP-CAADC

Emmett Josiah Hall is passionate about bringing change and serving individuals who are often forgotten—specifically those currently or formerly incarcerated. With both personal and professional experience, Emmett’s mission is rooted in his own journey as someone who was formerly incarcerated, giving him a unique understanding of the challenges and barriers faced by others in similar situations.

He holds a Bachelor’s degree in Psychology and a Master’s degree in Clinical Mental Health Counseling, along with a CAADC-DP certification (Certified Advanced Alcohol and Drug Counselor – Development Plan). Emmett’s lived experience, combined with his education, provides him with valuable insight into the deficits, needs, and opportunities for transformation within the lives of the people he serves.

Through his work, Emmett remains committed to promoting rehabilitation, recovery, and meaningful change, empowering individuals to rebuild their lives and become productive members of society.



D'Andrea Bolden, MA

D'Andrea Bolden, the visionary founder of Faith + Mental Health, is a prolific writer who enjoys writing non-fiction books for a diverse audience. She is a gifted communicator and a sought-after speaker for mental health, corporate, and faith-based events.

D'Andrea has earned a Bachelor's Degree in Psychology with a minor in Chemistry, a Master's Degree in Counseling, and a Master's Degree in Medical Sciences. In addition to her academic achievements, she has also earned a certification as an AI Development

Her extensive work in the nonprofit sector reflects her deep commitment to community impact and transformation. She has developed innovative programs and camps that promote STEM education, youth entrepreneurship, and family support services. Her background includes impactful work in substance abuse counseling a deeply rewarding and life-changing experience that further shaped her dedication to holistic care and recovery. As the host of the annual Faith + Mental Health Summit and the Faith + Mental Health podcast, she continues to champion the integration of faith and science in mental and holistic health practices.

She is passionate about the intersection of faith and health, understanding that scientific evidence supports the benefits of an integrative, multidimensional, holistic approach. Ultimately, D'Andrea desires to see the faith-based community free of stigma and knowledgeable about how to address all aspects of health.

As an author, she has published several books, including "Black Health: Considered From A Holistic Perspective." D'Andrea resides in Michigan with her loving husband, John, and their two children.



Dr. Kym Leonard

Dr. Kym Leonard is a Board-Certified Doctor of Nursing Practice (DNP, FNP-BC), with a degree in Psychology, and Certified as a Master Addiction Counselor (CMAC). She specializes in Mental/Behavioral Health and Addiction medicine, serving in private practice and partnering with local, national, and international governments and communities to bring awareness to Mental/Behavioral Health and Addiction medicine.

She has previously published in the JOHN HOPKINS MEDICAL JOURNAL and has also created professional curriculum for GKM Training Institute School of Counseling and authored several works of her own, including “As She thinks, So is She”, her first adult Color Therapy book.

Dr. Kym is a mother, granny, and friend to many. When she is not creating, she is counseling, consulting, coaching, reading, journaling, coloring, or traveling.

Dr. Kym’s FACEBOOK- “ASK DR KYM” and PODCAST “WHAT THE HEALTH IS GOING ON” keeps the public abreast on health-Physical, Mental, Emotional, & Spiritual.



***Dysheka Bibbs, LCSW,
LCAS, LISW-CP,
BC-TMH, SAP***

Dysheka is a licensed Christian therapist serving clients in virtually in Illinois, North Carolina, and South Carolina. She holds credentials as an LCSW, LCAS, LISW-CP, BC-TMH, SAP and a Certified Clinical Supervisor, providing mentorship and supervision to emerging social workers and addiction counselors. With over 15 years of experience, she has worked extensively with civilians, active-duty military personnel, and veterans.

Specializing in trauma, addiction, and suicidal ideation. Dysheka offers compassionate, faith-integrated care that supports both emotional healing and spiritual growth. She is the proud founder and owner of Amber's Hope Counseling and Consulting Services, where she combines clinical expertise with Christian values to empower individuals and families.

A self-published author with five e-books that offer insights into mental health and well-being. She is also the creator of the Faith & Therapy Card Collection Deck, a unique resource designed to bridge the gap between faith and mental health.



Dr. Susan Agbenoto

Dr. Susan Agbenoto obtained her Doctor of Ministry degree from The United Theological Seminary, and has been serving as a lay pastor within a large church network. Her curiosity, faith, and love for God and his Word, immerses you into a place of restorative hope and renewal. Susan's conversational tone while explaining practical spiritual concepts make her books easy to read. Her intertwining passions of prayer and the study of theology, translates into a tangible encounter with the divine as you read, leaving you intellectually stimulated, spiritually refreshed and wanting more.

Susan has worked as an Investment Performance professional for over 20 years and continues to work in the field. She has also been invited to speak at both religious and corporate conferences. Outside of her writing adventures, Dr. Agbenoto likes to travel and experience the authenticity of other places, especially places with rich ecclesiastical narratives.