



## Respite Care in Kalamazoo, Michigan

### 1. Integrated Services of Kalamazoo (ISK)

- **Services:** Respite for individuals with mental illness, intellectual/developmental disabilities, and autism.
- **Contact:** (269) 373-6000 or (888) 373-6200
- **Website:** <https://iskzoo.org/our-services/respite-care/>

### 2. Community Living Options

- **Services:** Residential and support services for adults with disabilities and mental illness.
- **Contact:** (269) 343-6355
- **Website:** <https://communitylivingoptions.org/>

### 3. Right at Home – Kalamazoo

- **Services:** In-home respite care for seniors and adults with disabilities.
- **Contact:** (269) 762-6110
- **Website:** <https://www.rightathome.net/kalamazoo/services/specialty-care/respite-care>

### 4. Caring Companions Kalamazoo

- **Services:** Respite care for individuals with dementia and Alzheimer's.
- **Contact:** (269) 204-6537
- **Website:** <https://caringcompanionskalamazoo.com/respite-care-services/>
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### 5. Michigan Alliance for Families

- **Services:** Offers resources and guides to connect families with disability support, including respite care.
- **Contact:** [info@michiganallianceforfamilies.org](mailto:info@michiganallianceforfamilies.org) and 1-800-552-4821
- **Website:** <https://www.michiganallianceforfamilies.org/respite/>

# National Respite Care Resources

## 1. National Respite Network and Resource Center

- **Services:** Nationwide locator for respite providers.
- **Website:** <https://archrespite.org/respitelocator>

## 2. Lifespan Respite Care Program (Administration for Community Living)

- **Services:** Federal program supporting access to coordinated respite services in all 50 states.
- **Website:** <https://acl.gov/programs/support-caregivers/lifespan-respite-care-program>

## 3. Autism Speaks – Respite Care

- **Services:** Respite resources and locator tool for families of individuals with autism.
- **Website:** <https://www.autismspeaks.org/respite-care>

## 4. Family Caregiver Alliance

- **Services:** Education, services, and advocacy for caregivers, including respite care information.
- **Website:** <https://www.caregiver.org/>

## 5. Military OneSource – EFMP Respite Care

- **Services:** Free respite care for eligible military families enrolled in the Exceptional Family Member Program.
- **Website:** <https://www.militaryonesource.mil/special-needs/efmp/respite-care-special-needs-families/>